



EU Driver Hours Regulations EC 561/2006

Rule	Hours	Exception
Daily Driving Limit	9 Hours	May be extended to 10 Hours not more than TWICE in one working week.
Weekly Driving Limit	The weekly driving limit shall not exceed 56 hours	None
Fortnightly Driving Limit	Maximum 90 Hours in any two consecutive weeks	None
Breaks from Driving	45 minutes break during or immediately following 4 1/2 hours driving. May be taken as an INITIAL minimum period of 15 minutes, followed by a 30 minute break period.	None
Daily Rest	11 Hours	Regular daily rest 11 hours. May be reduced to no less than 9 hours up to 3 times between any two weekly rest periods. No compensation required. (11 hour rest = 13 hours work including breaks) (9 hour rest = 15 hours work including breaks)
Split Daily Rest	12 Hours	A 12 hour daily rest period can be taken in two periods. The first period must be at least 3 hours, and the second must be at least 9 hours. (15 hours work including breaks, with 3 hours break taken during the driving period)
Weekly Rest	45 Hours	Any two consecutive weeks must contain two regular weekly rests of 45 hours or one regular rest and one reduced rest of no less than 24 hours (at home or away). Compensation for a reduced weekly rest must be made up by the end of the 3rd week following, attached to a rest period of at least 9 hours.
2 Drivers or More	9 hours rest in 30 hours for each driver, with the need for all crew members to be present with the vehicle at all times within that period. A driver may commence the 1st hour of the journey only solo. Within 30 hours of the end of a daily or weekly rest period, a driver engaged in multi-manning must have taken a new daily rest period of at least 9 hours.	
Off Road Driving	Driving activities off-road, as part of a journey that began on a road, count towards driving limits.	



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Definitions

Daily Driving time

Means the total accumulated driving time between the end of one daily rest period and the beginning of the following daily rest period, or between a daily rest period and a weekly rest period.

Week

Means the period of time between 00.00 on Monday and 24.00 on Sunday (fixed tachograph week).

Driving time

Means the duration of driving activity recorded.

A Break

Is any period during which a driver may not carry out any driving or any other work and which is used exclusively for recuperation. A break may be taken in a moving vehicle, provided no other work is undertaken.

A rest (normally 11 hours rest in 24 hours)

Means any uninterrupted period during which a driver may freely dispose of his/her time.

24 hours

Measured from the commencement of work after a daily or weekly rest period.

Driver

Any person who drives the vehicle even for a short period, or who is carried in a vehicle as part of his duties to be available for driving if necessary.

Weekly Rest

Means the weekly period, during which a driver may freely dispose of his/her time and covers a 'regular weekly rest period' and a 'reduced weekly rest period'. A weekly rest shall start no later than at the end of six 24-hour periods from the end of the previous weekly rest period.