



GOLDEN RULES FOR DRIVING

ALWAYS complete a documented vehicle walk round check **BEFORE** driving any vehicle or pulling any trailer. **NEVER** drive a vehicle that is not roadworthy.

ALWAYS comply with EU Drivers' hours regulations and/or domestic rules (whichever applicable)

ALWAYS check load security before driving any vehicle. Goods should be secured to the chassis. **CHECK** security whenever goods are offloaded/loaded.

ALWAYS comply with axle and vehicle weights

ALWAYS adhere to speed limits and the Highway Code

ALWAYS report any incident or near miss in order that these can be investigated and future incidents averted.

NEVER use a mobile phone whilst driving (or whilst the engine is running and/or key in the ignition).

ALWAYS wear a seatbelt if one is fitted

NEVER use any equipment unless you have been trained and authorized to do so

ALWAYS wear Personal Protective Equipment (PPE) when loading, unloading, taking fuel or when working in any industrial area

ALWAYS follow safe systems of work

IF YOU CANNOT DO IT SAFELY – DO NOT DO IT